

## Eligibility

**To be an eligible recipient of the Respite Voucher, both the primary family caregiver and care receiver must meet the specific criteria listed**

### Family Caregiver:

- The primary family caregiver must be unpaid
  - *Family caregivers who receive financial compensation to care for their loved one are not eligible. Examples include, but are not limited to, payments from the Department of Social Services (foster care, adoption subsidies, kinship care) and caregivers who are employed as their loved one's Personal Care Aid through a Medicaid Waiver*
- Be between the age of 18 and 54 years old.

### Care Receiver:

- Not currently receiving care/support services

*In order to provide relief for families with no structured assistance, caregivers of those enrolled in Medicaid waivers and other support programs are ineligible. Examples include, but are not limited to: HIV/AIDS Waiver, Community Choices Waiver, Intellectual Disability/Related Disabilities (ID/RD) Waiver, Head and Spinal Cord Injury (HASCI) Waiver, Community Supports Waiver, Ventilator Dependent Waiver for Adults, and Medically Complex Children's Waivers*

- Unable to be left alone due to a disability, significant special needs, or terminal illness.
- Be no more than 59 years old, without a diagnosis of Alzheimer's or Dementia related illness.

## Prioritization

**Once eligibility is approved, accepted applications will be placed into priority for funding based on:**

- Individuals who have not received a SCRC voucher within the past 24 months
- Individuals residing in underserved areas
- Individuals with the greatest economic need
- Individuals with limited English-speaking ability

## Distribution

**SCRC vouchers are distributed on "first come, first served" as funding is available.**

- Family caregivers may receive one \$500 voucher within a 12-month federal fiscal year, dependent on available funds. Subject to change based on available funding.
- Reimbursement for respite received via the voucher may take up to 45 days, but usually 2-3 weeks.
- All documentation/timesheets must be completed accurately before reimbursement is processed.

## Usage & Expiration

**Vouchers are used to assist in paying for short, temporary breaks from hands on caregiving and may not be used to:**

- Pay the family caregiver directly for care that he/she provides
- Pay for a family member or friend residing in the same home / property to provide care
- Pay for care of loved one while the caregiver goes to work
- Reimburse the family caregiver for respite services which occurred before a voucher was issued
- Pay family and friends who are willing to provide respite, or are already helping, free of charge.

All vouchers expire after 60 days from the approval notification date.

- An additional 15-day extension may be granted upon request and at the discretion of SCRC.
- Any unused and/or expired voucher funds will be forfeited and allocated back into the program.



**Caregiver (CG) Information:**

*This is about YOU - the unpaid caregiver who is responsible for the care receiver.*

Name \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

Street address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

County \_\_\_\_\_ Mailing address  same or \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Email \_\_\_\_\_

Preferred communication:  Phone  Email  Mail

Race:  White  Black/AA  Asian  Indian Asian  Pacific Islander  Amer. Indian/Alaskan  Other

Ethnicity:  Hispanic / LatinX  Not Hispanic / LatinX  Neither

How are you related to the person for whom you provide care?  Parent  Spouse  Grandparent  
 Legal Guardian  Other: \_\_\_\_\_

Do you receive any financial compensation from any of the following for the care you provide?

CLTC Provider  DDSN Personal Care Aide  DSS Adoption / Foster Care Subsidy  
 Kinship Care  Other \_\_\_\_\_

Do you or have you served in the military?:  No  Retired Military  Veteran  Currently Active

Marital Status:  Married  Single  Widowed  Divorced  Domestic Partner / Civil Union

Number of people in your household: \_\_\_\_\_

Monthly House Income:

Under \$1,074  \$1,074-\$1,452  \$1,453-\$1,830  \$1,831-\$2,208  \$2,209-\$2,589  \$2,590+

Is a language other than English primarily spoken in your home?  Yes  No Please specify: \_\_\_\_\_

How many hours a day do you provide hands-on care? \_\_\_\_\_

How long have you provided care for the Care Receiver? (months / years) \_\_\_\_\_

Are you employed outside the home:  Full-time  Part-time  N/A

Have you applied or received a respite voucher from the SC Respite Coalition in the last 2 years?  Yes  No

How did you hear about SC Respite Coalition Lifespan Voucher? \_\_\_\_\_

## Care Receiver (CR) Information

*This is about the person for whom you provide care.*

Name \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

Care Receiver's Primary Diagnosis: \_\_\_\_\_

Do you live with this person?  Yes  No If no, how far to CR's home: \_\_\_\_\_ (miles) \_\_\_\_\_ (minutes)

Does this person live alone?  Yes  No

CR Address (if different from yours): \_\_\_\_\_ City: \_\_\_\_\_

Race: White Black/AA Asian Indian Asian Pacific Islander Amer. Indian/Alaskan Other

Ethnicity:  Hispanic / LatinX  Not Hispanic / LatinX  Neither

Does the CR receive any support services?  Medicaid  Medicare  DDSN  CLTC  Baby Net

Early Intervention  ABA Therapy  Other Services: \_\_\_\_\_

If under 21, does the CR attend school?  Yes  No If an adult, has the CR served in the military?  Yes  No

Besides you, does anyone else provide care to the care receiver?  Yes  No

Is there any other program that has provided respite services within the last 12 months?  Yes  No

### If you are awarded a voucher, who would you like to provide care while you take a break from caregiving?

an In-Home Agency that bills SCRC directly for services. Preferred Agency \_\_\_\_\_

an Adult Day Care that bills SCRC directly for services. Preferred Day Center \_\_\_\_\_

at home with a private provider that I find, employ and pay out of pocket to give me a break. The SCRC will then reimburse me directly within 30-60 days after the care has occurred.

### What do you hope to get from having a voucher for respite? *Check all that apply*

just some time to myself  a vacation  a good night's sleep

some time with other family or friends without my loved one with special needs

catch up on medical and other appointments for me Other: \_\_\_\_\_

How did you hear about the SC Respite Coalition voucher program:

Facebook  Area Agency on Aging  DDSN Board  Friend

Other: \_\_\_\_\_

## CAREGIVER ASSESSMENT

Bakas Caregiver Outcome Scale							
As a result of Providing Care for the Patient:	Changed for the worst			No change	Changed for the best		
1. My self esteem	-3	-2	-1	0	1	2	3
2. My physical health	-3	-2	-1	0	1	2	3
3. My time for family activities	-3	-2	-1	0	1	2	3
4. My ability to cope with stress	-3	-2	-1	0	1	2	3
5. My relationship with friends	-3	-2	-1	0	1	2	3
6. My future outlook	-3	-2	-1	0	1	2	3
7. My ability to pay the bills	-3	-2	-1	0	1	2	3
8. My emotional well-being	-3	-2	-1	0	1	2	3
9. My time for social activities with friends	-3	-2	-1	0	1	2	3
10. My relationship with my family	-3	-2	-1	0	1	2	3
11. My ability to buy necessities	-3	-2	-1	0	1	2	3
12. My relationship with the patient	-3	-2	-1	0	1	2	3
13. In general, how has your life changed as a result of taking care of the patient?	-3	-2	-1	0	1	2	3

UCLA Three-Item Scale			
	Hardly Ever	Some of the Time	Often
How often do you feel that you lack companionship?			
How often do you feel left out?			
How often do you feel isolated from others?			

\* How many other dependent adults do you care for? # \_\_\_\_\_  
 Do any of these adults have a diagnosed disability or special need? # \_\_\_\_\_

\* How many other dependent children (under 18) do you care for? # \_\_\_\_\_  
 Do any of these children have a diagnosed disability or special need? # \_\_\_\_\_

\* How many hours in a week...  
 do you get a break from caregiving? \_\_\_\_\_ hours a week  
 would provide you with adequate time to yourself while being a caregiver? \_\_\_\_\_ hours a week

**MAIL, EMAIL OR FAX ALL 4 FULLY COMPLETED\* PAGES TO: P.O. Box 493, Columbia, SC 29202**  
 respite@screspite.org      FAX 803.935.5229

\* NOTE: We cannot determine eligibility with an incomplete application



**Respite Voucher Health Care Provider  
 Medical/Special Needs Certification**

*Respite = regular, short term breaks for the primary caregiver of someone of any age with special needs.*

The South Carolina Respite Coalition is the only statewide, non-profit organization working on respite for all family caregivers no matter their age. With grant funds we can provide limited respite vouchers. Your patient/client's family has requested funds for respite. The signatures below indicate their consent to have you release this information.

Name \_\_\_\_\_ Date: \_\_\_\_\_  
 Circle One: Parent Guardian Spouse Family Caregiver

Signature: \_\_\_\_\_

Name \_\_\_\_\_ Date of birth: \_\_\_\_\_  
 (care receiver)  
 Signature (if able) \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**THIS SECTION TO BE COMPLETED BY A MEDICAL PROFESSIONAL ONLY**  
 (Doctor, Nurse Practitioner, RN, Physician Assistant, Licensed Social Worker, trained DDSN Case Managers.  
 We cannot accept certification by CNAs.)

- 1) Please indicate the ability level (0 – 5) for each activity: 0 = independent -----→ 5 = totally dependent  
 Feeding \_\_\_\_ Ambulation \_\_\_\_ Transferring \_\_\_\_ bathing \_\_\_\_ Dressing \_\_\_\_ bedbound [ ] no [ ] yes
- 2) This care receiver/patient is [ ] incontinent [ ] bladder [ ] bowel [ ] self-toileting [ ] too young to train yet
- 4) Due to cognitive or other mental, emotional, or behavioral issues, the care receiver requires moderate to substantial supervision because their behavior poses a health or safety hazard to them self or others.  
 Yes [ ] No [ ] Cognitive Diagnosis: \_\_\_\_\_
- 5) In your professional opinion is this care receiver able to be left alone without supervision or assistance for any length of time (i.e. several hours)? Yes [ ] no [ ] overnight? Yes [ ] no [ ]
- 6) PRIMARY diagnosis \_\_\_\_\_
- 7) SECONDARY and/or CO-OCCURRING conditions \_\_\_\_\_

**If this patient is an infant, child or adolescent**, does s/he require care beyond which a typical babysitter can provide?  
 Yes [ ] No [ ] If yes, please briefly describe the skill set needed to safely care for this patient \_\_\_\_\_

Completed by Professional (printed name): \_\_\_\_\_  
 Title: \_\_\_\_\_ discipline: \_\_\_\_\_  
 Name of practice: \_\_\_\_\_  
 Address: \_\_\_\_\_ phone: \_\_\_\_\_  
 City: \_\_\_\_\_ zip code: \_\_\_\_\_ e-mail: \_\_\_\_\_ fax: \_\_\_\_\_  
 Professional Signature: \_\_\_\_\_ date: \_\_\_\_\_