SOUTH CAROLINA RESPITE RESOURCES (besides ours)

HELPFUL WEBSITES:  www.archrespite.org  (general info.) and  www.caremanager.org  to find a “sitter” try www.care.com  ($30/mo) AND try  www.lotsahelpinghands.com  (S.C. free Personal Care worker list is gone.)

Aging:
- Family Caregiver Support Program:  1-800-868-9095  www.aging.sc.gov/contact/Pages/FCSPContacts.aspx  
  (1) care receiver must be 60+ but their caregiver can be any age; (2) parents 55+ still caring for adult “child”  
  with developmental disabilities; (3) caregivers of any age of people with dementia.  NOTE: THEY HANDLE  
  ALZHEIMERS RESPITE FUNDS, FAMILY CAREGIVER SUPPORT $$ and THE NEW STATE RESPITE FUNDS.  

Aging and Disabilities:  www.scaccesshelp.org  (see “Aging” for parents 55 + of adult children with Dev. Dis.)  
  County information specialist: https://scaccess.communityos.org/local/os107/posting_area/IRAList4.htm  
- Community Long Term Care Office:  1-803-898-2590.  (helps families care at home for loved ones who need  
  nursing home level of care.)  www.dhhs.state.sc.us/dhhsnew/insidedhhs/bureaus/BureauofLongTermCareServices/CLTCOverview.asp  
- Find your local Aging and Disability Resource Center (ADRC) 1-803-898-2590.

Alzheimer’s:  www.aging.sc.gov/seniors/AlzheimersResourceCoordinationCenter/  
- To locate ARCC part day respite centers: 1-800-868-9095  
- Alzheimer’s Association: Chapter:  1-800-273-2555  www.alz.org/sc/  will give “sitter funds” to attend  
  support groups & Alzheimer’s trainings. They do not handle the respite vouchers any more. See “Aging “ above.

Disabilities or Head & Spinal Cord Injury:  http://ddsn.sc.gov/Pages/default.aspx  
- Multiple Sclerosis Society:  1-800-922-7591  www.nationalmssociety.org  
- Find your local Family Caregiver Support Program:  1-800-868-9095  www.scaccesshelp.org

Children with Disabilities or Chronic Health Needs:
- Family Connection of SC:  1-800-578-8750  www.familyconnectionsc.org/

Grandparents over 55 raising birth grandchildren 18 and under:  
- Find your local Family Caregiver Support Program: 1-800-868-9095 (see “Aging”)

Mental Illness:  
- National Alliance for the Mentally Ill:  1-800-788-5131  www.nami.org  
- Federation of Families (parents of teens up to 19):  1-866-779-0402  www.fedfams.org

Veterans:  Caregiver Support Line:  1-855-260-3274. 8am-11pm Mon-Fri; 10:30am-6pm Sat.  
NOTE: There is a caregiver Advocate in each region. Put zip code in at  www.caregiver.va.gov

“What YOU NEED TO KNOW ABOUT ME” NOTEBOOK can be downloaded at  www.screspitecoalition.org  under  
“Publications” to leave with respite providers. A link to a notebook for parents whose kids have special needs is also there.

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