

South Carolina Respite Coalition  
Post Office Box 493  
Columbia, SC 29202



## Respite Solutions 2012

*Inspiring Faith Communities, Reaching Family Caregivers*

### Fifth Annual Respite Conference

February 16, 2012

8:30 a.m. – 2:45 p.m.

CEU's available

St. Andrews Baptist Church  
230 Bush River Road, Columbia, SC



8:30 a.m.

## Respite Solutions 2012

### Agenda

#### Registration

*Enjoy a light continental breakfast while networking.*

9:00 a.m.

#### Welcome

Susan Robinson, Executive Director,  
South Carolina Respite Coalition

9:15 a.m. –  
10:00 a.m.

#### Keynote Address

**“Caring for Caregivers–Essential Family Ministry”**

Mary Tutterow

10:00 a.m. –  
10:15 a.m.

#### Break

10:15 a.m. –  
11:45 a.m.

#### Morning Workshops

1.

**“Grace Respite Ministry: An Afterschool Program for Children with Special Needs”**

Peggy Wheeler-Cribb and  
Teressa Harrington, Coordinators,  
with Laura Florio, First Baptist Church,  
Georgetown, SC

2.

**“Alzheimer’s Family Services of Greater Beaufort”**

Arlene Hull, Director and  
Pat Strader, Program Director

3.

**“Heart of the Caregiver”**

Mary Tutterow (*Workshop will be repeated in the afternoon.*)

11:50 a.m. –  
1:10 p.m.

#### Lunch

*Please visit the exhibits and enjoy some networking time*

1:15 p.m.  
2:45 p.m.

#### Afternoon Workshops

1.

**“Volunteers: A Valuable Resource”**

Sally Burnett, Community Volunteer  
Coordinator for Trident United Way,  
Charleston

2.

**“Funding Your Respite Program”**

Anne Wolf, Lt. Gov. Office on Aging  
Susan Robinson, Executive Director,  
South Carolina Respite Coalition  
Anne McLean, SCDDSN

3.

**“Heart of the Caregiver”**

(*Repeated from the morning*)  
Mary Tutterow

2:45 p.m.

#### Adjournment

Please turn in evaluations to your work  
shop facilitator. Pick up CEU certificates  
in the dining area where you registered.

**Be safe on the road.**

# Speakers, Sessions, and Sponsors

## Respite Solutions 2012 Registration Form

(Online registration is available at [www.screpitecoalition.org](http://www.screpitecoalition.org))



**Keynote**  
9:15-10:00 a.m.

**“Caring for Caregivers – Essential Family Ministry”**

**Mary Tutterow**

Mary Tutterow is the mother of an adult daughter, Mary Addison (19), who has mental and physical challenges, and a son, William (17). Caring for Mary Addison, her family battled financial, emotional, and marital collapse as well as a crisis of faith. Through prayer, small groups and Bible study with other caregivers, Mary began to realize that God had not done something dreadful **TO** her family, rather God was doing something wonderful **THROUGH** her and her family.

She began sharing what she found in scripture through workshops. The study and group support led caregivers to realize that caring for oneself physically, as well as spiritually, is not a weakness or lapse of faith, but what God intends. The response was so overwhelming that Mary created a workbook, *The Heart of the Caregiver*, so that small groups like the ones that “blessed me could form and bless others.” A dynamic speaker active at Seacoast Church in Charleston, Mary will share her innovative approach to meet the growing needs of family caregivers.

To learn more, visit [theheartofthecaregiver.com](http://theheartofthecaregiver.com) or [www.twitter.com/thecaregiver](http://www.twitter.com/thecaregiver).

**Our thanks go these organizations for their support of Respite Solutions 2012:**

**PARTNERS**  
  
The Carolinas Center for Medical Excellence

The Institute for Families in Society  
University of South Carolina  
The SC Lieutenant Governor’s Office on Aging  
St. Andrews Baptist Church

**SPONSORS**  
  
alzheimer’s association®  
the compassion to care, the leadership to conquer  
South Carolina Chapter



**SEED PLANTERS**  
Rhodes Respite Care  
First Presbyterian Church, Anderson  
Sonshine Club  
Spartanburg

**FRIENDS OF RESPITE**  
Providence Presbyterian Church, West Columbia  
SC Department of Health and Human Services, Division of Long Term Care

### Morning Workshops 10:15-11:45 a.m.

- 1. “Grace Respite Ministry”**  
This session will cover how this afterschool program for children with special needs began, how volunteers are involved, what the program includes and offer ideas and inspiration for congregations that want to attract and serve families whose children have special needs.  
Presenters: Peggy Wheeler-Cribb, Founder and Coordinator, Grace Respite Ministry, First Baptist Church, Georgetown, SC., Teressa Harrington, Coordinator and volunteer with Grace Respite Ministry; and Laura Florio, staff member
- 2. “Alzheimer’s Services of Greater Beaufort”**  
This workshop will describe the journey from an all volunteer organization to a non-profit, where funds were secured, how volunteers are involved, how risks are managed, and provide ideas and inspiration for all who want to serve families caring for loved ones with dementia.  
Presenters: Arlene Hull, Director and Pat Strader, Program Director
- 3. “The Heart of the Caregiver”**  
*The Heart of the Caregiver* is a small group, Christian Bible study that can transform lives and the way we care for those with disabilities, chronic illnesses, or struggling with aging issues. This workshop may help those who have offered respite to family caregivers clearly in need of a break and wider support, only to have them say “No.” Workbooks will be available for \$15.  
Presenter: Mary Tutterow

### Afternoon Workshops 1:15-2:30 p.m.

- 1. “Volunteers: A Valuable Resource”**  
A valuable resource for any community service program, volunteers must be nurtured and well-managed. This session will offer effective tips to programs just starting volunteer management programs and useful reminders for those already working with volunteers.  
Presenter: Sally Burnett, Community Volunteer Coordinator, Trident United Way’s 2-1-1
- 2. “The Heart of the Caregiver” (a repeat offering of the morning workshop)**
- 3. “Funding Your Respite Program”**  
This informational session on grants and funding will offer ideas to begin educational and respite programs for people with dementia and develop respite options to serve families caring for loved ones with disabilities or other special needs.  
Presenters: Anne Wolf, Manager, Alzheimer’s Resource Coordination Center, SC Lieutenant Governor’s Office on Aging; Susan M. Robinson, LMSW, Executive Director, S.C. Respite Coalition; and Anne McLean, Director of Advocacy and Adult Supports for the SC Department of Disabilities and Special Needs

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Church/Synagogue/Mosque/Organization: \_\_\_\_\_

Do you currently have a respite ministry? Yes \_\_\_ No \_\_\_

**Select a.m. workshop** #1 \_\_\_ #2 \_\_\_ #3 \_\_\_      **Select p.m. workshop** #1 \_\_\_ #2 \_\_\_ #3 \_\_\_

Vegetarian diet required? Yes \_\_\_ No \_\_\_

If special accommodations are required, please describe:  
\_\_\_\_\_  
\_\_\_\_\_

If you need respite care in order to attend, please e-mail [screpitecoalition@yahoo.com](mailto:screpitecoalition@yahoo.com).

**REGISTRATION FEES**

Early Registration (by February 6, 2012)	\$30.00
Registration (after February 6, 2012)	\$40.00
Continuing Education Fee	\$10.00
Amount Enclosed	\$ _____

**\*\* All fees are non-refundable. \*\***

**Please make checks payable to SC Respite Coalition**  
Credit Card Information:

Name on Card: \_\_\_\_\_

Visa: \_\_\_\_\_ Mastercard: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Card Number: \_\_\_\_\_

Signature: \_\_\_\_\_

Purchase Order Number: \_\_\_\_\_

A few scholarships may be available on an individual basis. E-mail or call for information.

**Mail registration to:** South Carolina Respite Coalition  
Post Office Box 493  
Columbia, SC 29202

**Questions?** E-mail [screpitecoalition@yahoo.com](mailto:screpitecoalition@yahoo.com) or call 803-935-5027, 866-345-6786, or fax 777-1576.